

DON'T MAKE THESE 5 DEADLY MISTAKES WHEN LOOKING FOR A MARTIAL ARTS SCHOOL

Parents are always searching for a high quality martial arts school for their children for many reasons. Some of those reasons may include that the child needs to learn how to follow through on tasks such as homework and chores thus giving the child a feeling of accomplishment and success or the child needs to authentically feel empowered and confident in dealing with a bully problem at school. For adults, they are often looking for an energizing environment where they can learn new and interesting things to challenge them. They want to maximize their potential and develop consistency in all areas of their lives helping them to excel in all they do. The problem is that martial art schools are not “one size fits all”. Below are THE 5 DEADLIEST MISTAKES made when either children or adults enroll in a martial arts school and what can be done about them.

THE 5 DEADLIEST MISTAKES

Mistake #1: Reasons to enroll have not been thought out. Why do you want martial arts classes for either yourself or your child? Think through how the martial arts will add value and purpose to your life then interview schools you feel will deliver on those values.

Mistake #2: Price shopping. How much are your classes? Sure calling and asking for prices can save you time and money at first but the overall cost to you may be way too high and you won't get what you want in terms of service. However, enrolling in the right martial arts school for you is an investment in long term skills development. Only apply to reputable schools and seek out the highest quality Academy you can.

Mistake #3: Style. “My friend told me I need to enroll in a certain style.” Why? That style may be right for them but not right for you. More important is to make sure that the school's principles and teachings are congruent with your goals.

Mistake #4: Not visiting the school first. You must make time to visit the school. Look around. Is it clean? Does it have a good feel? Does it look professional? You should be able to try out a lesson or two at least before making your decision.

Mistake #5: Not meeting the instructor first. This is a must! Schedule time with the instructor to explore what the philosophies of the teachings are. Are they what you want? Is there something missing? Is it a professional staff? What are the credentials? Who else will be working with your child? Make sure you feel comfortable when you leave. If not, find another school.

Martial arts schools vary in what they teach and in what they are about. For example, do you want a school that is mostly a fitness facility that offers fitness kickboxing? Some schools are more family oriented that teach character development through the martial arts. Some schools have their emphasis on full contact fighting while others are sport and competition oriented. The best thing you can do is figure out what you want out of a program and search for the school that will deliver the features and benefits you want. If you have any questions call Master Ken Smith at 561-793-4132 for assistance in finding the right school for you.